

GENERAL ASSEMBLY OF NORTH CAROLINA
SESSION 2013

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HOUSE PRINCIPAL CLERK

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HOUSE DRH30335-ME-73 (03/27)

Short Title: Right to Choose Athletic/Sports Trainer. (Public)

Sponsors: Representative Dobson.

Referred to:

A BILL TO BE ENTITLED

AN ACT TO ENSURE THAT PATIENTS HAVE THE RIGHT TO CHOOSE THEIR
ATHLETIC/SPORTS TRAINER UNDER THEIR HEALTH BENEFIT PLANS.

The General Assembly of North Carolina enacts:

SECTION 1. G.S. 58-50-30 reads as rewritten:

"§ 58-50-30. **Right to choose services of optometrist, podiatrist, licensed clinical social worker, certified substance abuse professional, licensed professional counselor, athletic trainer, dentist, chiropractor, physical therapist, psychologist, pharmacist, certified fee-based practicing pastoral counselor, advanced practice nurse, licensed marriage and family therapist, or physician assistant.**

(a) Repealed by Session Laws 2001-297, s. 1, effective January 1, 2001.

(a1) Whenever any health benefit plan, subscriber contract, or policy of insurance issued by a health maintenance organization, hospital or medical service corporation, or insurer governed by Articles 1 through 67 of this Chapter provides for coverage for, payment of, or reimbursement for any service rendered in connection with a condition or complaint that is within the scope of practice of a duly licensed optometrist, a duly licensed podiatrist, a duly licensed athletic trainer, a duly licensed dentist, a duly licensed chiropractor, a duly licensed physical therapist, a duly licensed clinical social worker, a duly certified substance abuse professional, a duly licensed professional counselor, a duly licensed psychologist, a duly licensed pharmacist, a duly certified fee-based practicing pastoral counselor, a duly licensed physician assistant, a duly licensed marriage and family therapist, or an advanced practice registered nurse, the insured or other persons entitled to benefits under the policy shall be entitled to coverage of, payment of, or reimbursement for the services, whether the services be performed by a duly licensed physician, or a provider listed in this subsection, notwithstanding any provision contained in the plan or policy limiting access to the providers. The policyholder, insured, or beneficiary shall have the right to choose the provider of services notwithstanding any provision to the contrary in any other statute, subject to the utilization review, referral, and prior approval requirements of the plan that apply to all providers for that service; provided that:

- (1) In the case of plans that require the use of network providers as a condition of obtaining benefits under the plan or policy, the policyholder, insured, or beneficiary must choose a provider of the services within the network; and
- (2) In the case of plans that require the use of network providers as a condition of obtaining a higher level of benefits under the plan or policy, the policyholder, insured, or beneficiary must choose a provider of the services within the network in order to obtain the higher level of benefits.



1 (a2) Whenever any policy of insurance governed by Articles 1 through 64 of this
2 Chapter provides for certification of disability that is within the scope of practice of a duly
3 licensed physician, a duly licensed physician assistant, a duly licensed optometrist, a duly
4 licensed podiatrist, a duly licensed athletic trainer, a duly licensed dentist, a duly licensed
5 chiropractor, a duly licensed physical therapist, a duly licensed clinical social worker, a duly
6 certified substance abuse professional, a duly licensed professional counselor, a duly licensed
7 psychologist, a duly certified fee-based practicing pastoral counselor, a duly licensed marriage
8 and family therapist, or an advanced practice registered nurse, the insured or other persons
9 entitled to benefits under the policy shall be entitled to payment of or reimbursement for the
10 disability whether the disability be certified by a duly licensed physician, or a provider listed in
11 this subsection, notwithstanding any provisions contained in the policy. The policyholder,
12 insured, or beneficiary shall have the right to choose the provider of the services
13 notwithstanding any provision to the contrary in any other statute; provided that for plans that
14 require the use of network providers either as a condition of obtaining benefits under the plan
15 or policy or to access a higher level of benefits under the plan or policy, the policyholder,
16 insured, or beneficiary must choose a provider of the services within the network, subject to the
17 requirements of the plan or policy.

18 ...

19 (c5) For purposes of this section, a "duly licensed physical therapist" is a person licensed
20 by the North Carolina Board of Physical Therapy Examiners pursuant to Article 18B of
21 Chapter 90 of the General Statutes.

22 (c6) For purposes of this section, a "duly licensed athletic trainer" is a person licensed by
23 the North Carolina Board of Athletic Trainer Examiners pursuant to Article 34 of Chapter 90 of
24 the General Statutes.

25"

26 **SECTION 2.** G.S. 135-48.51(12) reads as rewritten:

27 "(12) G.S. 58-50-30, Right to choose services of optometrist, podiatrist, licensed
28 clinical social worker, certified substance abuse professional, licensed
29 professional counselor, athletic trainer, dentist, physical therapist,
30 chiropractor, psychologist, pharmacist, certified fee-based practicing
31 pastoral counselor, advanced practice nurse, licensed marriage and family
32 therapist, or physician assistant."

33 **SECTION 3.** This act becomes effective October 1, 2013, and applies to health
34 benefit plans issued, renewed, or amended on or after that date.