

**GENERAL ASSEMBLY OF NORTH CAROLINA**  
**SESSION 2007**

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**SENATE DRS85238-LN-151 (2/28)**

Short Title: State Employees/Wellness Pilot Program.

(Public)

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Sponsors: Senator Dalton.

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Referred to:

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A BILL TO BE ENTITLED

AN ACT TO APPROPRIATE FUNDS FOR A STATE EMPLOYEE WELLNESS  
PILOT PROGRAM.

The General Assembly of North Carolina enacts:

**SECTION 1.(a)** There is appropriated from the General Fund to the Department of Health and Human Services, Division of Public Health, the sum of one hundred fifty thousand dollars (\$150,000) for the 2007-2008 fiscal year and the sum of four hundred fifty thousand dollars (\$450,000) for the 2008-2009 fiscal year. Funds appropriated for the 2007-2008 fiscal year shall be used to establish and implement a pilot wellness program for State employees at the Cleveland County Family YMCA. Funds appropriated in this act for the 2008-2009 fiscal year shall be used to continue the Cleveland County YMCA pilot and to expand the pilot program to additional YMCA sites in other geographic regions of the State.

**SECTION 1.(b)** The Cleveland County Family YMCA shall be the lead agency for the pilot program and shall convene a task force to establish standards for initial implementation and expansion of the pilot program to other YMCA sites in the 2008-2009 fiscal year. The task force shall include representatives of the North Carolina YMCA State Alliance and the Chronic Disease and Injury Control section of the Department of Health and Human Services. The wellness pilot programs shall be designed to encourage State employee enrollment in a structured fitness program that includes measurable benchmarks. The long-term goal of the pilot programs is to reduce health care costs and improve worker productivity through improved health status of the employee. Based on the experience of the Cleveland County Family YMCA pilot program, the work group convened for the purposes of this act shall solicit applications from other YMCAs to participate as a pilot in the 2008-2009 fiscal year. In consultation with the task force, the Department shall:

- (1) Select sites that represent different geographic regions of the State.

- 1 (2) Consider sites that have the highest density of State employees in the  
2 county served by the applicant YMCA.  
3 (3) Consider the applicant YMCA's capacity to implement the project  
4 successfully.  
5 (4) Consider other criteria set by the task force that will further the  
6 purposes and successful outcomes of the pilot.

7 **SECTION 1.(c)** The Department shall allocate the funds appropriated in this  
8 act to participating YMCA sites as follows:

- 9 (1) As a condition of receiving grant funds, each participating YMCA  
10 shall waive the one-time initiation fee for each State employee that  
11 enrolls in the wellness pilot program. The Department, in consultation  
12 with the task force and applicant YMCA, may establish enrollment  
13 limits or other restrictions in order to ensure the viability and success  
14 of the pilot program.  
15 (2) The Department shall allocate funds to each participating YMCA to  
16 supplement non-State funds to cover the cost to purchase equipment  
17 that has the ability to track fitness results, or if equipment is not  
18 needed, to cover actual costs incurred in the development of a  
19 customized wellness program for State employees.  
20 (3) As a condition of receiving grant funds, each YMCA shall comply  
21 with reporting and accounting requirements developed by the  
22 Department in consultation with the task force.

23 **SECTION 2.** Not later than May 1, 2008, the Department of Health and  
24 Human Services shall report to the Senate Appropriations Committee on Health and  
25 Human Services, the House of Representatives Appropriations Subcommittee on Health  
26 and Human Services, and the Fiscal Research Division on the allocation of grant funds  
27 and status of the fitness program implementation. Not later than March 1, 2009, the  
28 Department shall report to the Senate Appropriations Committee on Health and Human  
29 Services, the House of Representatives Appropriations Subcommittee on Health and  
30 Human Services, and the Fiscal Research Division on State employee participation  
31 levels in the wellness pilot programs and health outcomes resulting from such  
32 participation. In its report, the Department shall recommend whether the pilot program  
33 should be extended to other areas of the State after the 2008-2009 fiscal year. Funds  
34 appropriated for the 2007-2008 fiscal year that are unexpended and unencumbered shall  
35 not revert to the General Fund but shall remain with the Department of Health and  
36 Human Services to be used to enhance or improve pilot project implementation in the  
37 2008-2009 fiscal year.

38 **SECTION 3.** This act becomes effective July 1, 2007.